

Basic Caregiving Training Course

for foreign residents with long-term or permanent resident visa and no working restrictions



- Caregiving is a job that supports the daily lives of the elderly and people with physical disabilities.
- Taking this course will lead you to a stable job quickly.

\POINTS/

- ✔ Students can obtain certification for Certified Care Worker Initial Training.
- ✔ This class is conducted in "Simple Japanese".
- ✔ In this course, students will also study business Japanese, practice for job interviews, and learn how to write resumes. Students of this course are also eligible for job search support.

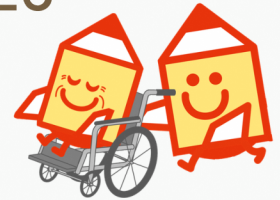
How to apply

Application Period

June 15, 2026 - July 14, 2026

Where to apply

Apply at the Hello Work near your house



About the course

Training Schedule

August 5, 2026 - November 4, 2026 (3 months)

Training time

9:10 to 15:50

Location

Job Assist College, Numazu

(6F Numazu Ekimae-Biru 3-6-10 Otemachi, Numazu) No parking space available

Requirements

Capacity: 15 people

- ① Foreign nationals who have long-term or permanent residency status with no employment restrictions in Japan.
- ② Individuals registered at Hello Work for job-seeking and have been determined to require vocational training in order to find employment.
- ③ Individuals who can communicate effectively in everyday Japanese and are able to read and write hiragana & katakana.

Tuition Free

There's no course fee but students are responsible for the cost of textbooks (¥10,780) and insurance (¥3,100).

For inquiries about the training

Job Assist College, Numazu

☎080-3146-3152



Shizuoka College of technology, Numazu

☎055-925-1072

Training Objectives

Earn your Care Worker Initial Training certification with us!! This program focuses on mastering hands-on care skills and Japanese conversational fluency,empowering you to start a fulfilling career at care facilities and home-visit agencies.

Course Briefing session

What you will learn

Contents	Instruction Hours
1. Understand your job duties	12
2.Dignity and Independence in Nursing Care	12
3.Basics of Nursing Care	12
4.Understanding of Care & Welfare Service and Collaboration with Medical Care	12
5. Communication skills in Caregiving	12
6.Understanding Aging	12
7.Understanding Dementia	12
8.Understanding Disability	12
9.The workings of mind & body and life support techniques	90
10.Review of this course	6
Japanese used in nursing care settings	42
Training listening to instructions	18
Training Reporting	24

Practical Skills

Contents	Instruction Hours
Practical care skills of daily life support (Wheelchair assistance, etc)	18
Recreational Activities	6

Others

Contents	Instruction Hours
Workplace tour	6
Job search assistance	12
Orientation, etc	6

Date

July 21st.2026 from 9:40 am

Location

Shizuoka College of Technology, Numazu

*Free parking available

How to get there:

Train

take JR Gotemba line to Shimotogari station, then walk 25 mins.

Bus

From Numazu Station (South Exit),take the Fujikyu bus for Mahle-Numazu Kojomae/cancer center from bus stop #7. Get off at "Kadoike-Koen mae"stop, then walk 10 mins.

Agenda

- Course Briefing
- Easy Japanese language test
- interview
- fill out the form

Items to bring

- pencil
 - ballpoint pen
 - eraser
 - postage stamps (¥320 worth)
- *You can buy stamps at post offices and convenience stores.

Results

July 28, 2026 (by mail)

Contact

Shizuoka College of Technology,
Numazu Campus ☎055-925-1072

Start of Training

Training Days

Hello Work Visit

End of Training

8月

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

9月

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

10月

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

11月

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						